

Good News for Dogs

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b&b dogworks

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About the Dog Trainer

Elizabeth Hammond is a Certified Dog Trainer & Behavior Counselor.

She received her certifications through the "Harvard of Dog Training Schools" — the San Francisco SPCA's Academy for Dog Trainers and The Association for Pet Dog Trainers. Elizabeth earned her BA in Psychology from Mills College.

Elizabeth teaches the "No Pain in Train" Method™, a reward-based training method to teach dogs good doggy manners. To learn more, visit the web site @ www.treattotrain.com

Shocking News!

Dogs May Get Zapped During Thunderstorms

Elizabeth Hammond, CPDT

Does your dog cower under the bed when it begins to rain? Or hide in the hall closet at the first sound of thunder? Can you not get him to stop shaking, panting and pacing before a storm begins? Just what is happening to your usually fearless dog that makes him behave in this peculiar manner?

Numerous theories exist about what dogs are experiencing during thunderstorms that causes them such anxiety. Some propose the sound of thunder and lightning hurts a dog's ears. Others have evidence that supports claims that dogs may receive tiny electric

shocks during electrical storms.

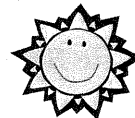
The electric shock theory includes anecdotal evidence of dogs that were rubbed with fabric softener sheets returning to their normal behaviors during a thunder storm, and of dogs grounding themselves in basements, toilet bowls and bathtubs for relief from shocks.

Perhaps it is a combination of both these theories. None of the evidence is conclusive, but here are a few techniques you can try with your thunderstorm-phobic dog to help him weather the storm:

- Rub your dog with fabric softener sheets before and during the storm.
- Use an Anxiety Wrap on your dog to help relieve anxiety during the storm. www.anxietywrap.com
- Use Bach's Rescue Remedy, available in health food and pet supply stores, to reduce anxiety.
- Ask your veterinarian about prescription medications.
- Work with a qualified dog trainer on a desensitization program.

Dogs in the Heat

Elizabeth Hammond, CPDT



Summer in Chicago means there is no shortage of warm weather, street festivals and yes, magnificent fireworks displays at the Lakefront. Read on to learn ways to help keep your dog cool as temperatures soar this summer.

You have heard the warnings from your vet, friends

and local humane societies about the dangers of leaving a pet (or child) in a car in warm weather. *Think again if you are considering leaving your dog in the car* as you run into the store for a quick errand.

Take a look at these astonishing numbers from Animal Aid. "On an 85-degree day, the temperature inside

your car, even with the windows open a bit, will climb to 102 degrees in 10 minutes! After half an hour, it will go up to 120 degrees or even higher! On a 90-degree day, temps in that car can top 160 degrees faster than you can walk around the block."

Continued on Page 2.



“On a 90-degree day, temps in the car can top 160 degrees faster than you can walk around the block.”

-Animal Aim

Dogs in the Heat cont. from page 1

Most street festivals permit dogs on leash, but you may want to contact the organization running the festival to confirm before heading down with your dog.

If you are looking to take your dog for a scenic walk, remember that Millennium Park is the only city park that does not allow leashed dogs. The City Park District is working on constructing an off-leash area in nearby Grant Park to be named Grant Bark Park, but an opening date has not been announced.

Although it is illegal to shoot off your own fireworks in the City of Chicago,

somehow the city sky is ablaze on the 3rd and 4th of July in almost all of Chicago’s neighborhoods. In addition to the Fourth of July weekend, Navy Pier regularly hosts fireworks in summer.

Every Saturday evening at 10:15 p.m. and every Wednesday evening at 9:30 p.m. between Memorial Day weekend and Labor Day weekend, the sky above Navy Pier will fill with beautiful displays of color and sound that your dog may find terrifying.

Inside the safety of your home, away from the explosions and noise, is the best

place for your dog.

Is your dog begging for some water on his walk?

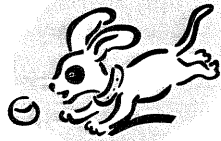
The good news for dogs in Chicago is the abundance of curbside courtesy water bowls that many businesses provide for their canine clients.

You are bound to find water for your dog in these shopping districts: Armitage, Broadway, Lincoln and Southport Avenues, and Wells Street.

In a pinch, an unused plastic bag can be transformed into a water bowl. Just fill with water and your thirsty dog will take care of the rest.

Sniffing Out Our Favorites!

Savor the Flavor of Summer



Our pick for this summer’s coolest dog-friendly café is **Savor the Flavor** located at 2545 N. Sheffield in Lincoln Park.

Proud Pug-guardian of Filly, Geri Schapira owns and operates the café that features a fresh bowl of ice water and jar

of dog treats for dogs that pass by or that wait outside while their guardian is indoors getting herself a glass of their refreshing iced Tropical Green Tea. The café also serves Intelligent-sia coffee drinks, whole beans, Teas by Mighty Leaf, Homer’s ice cream, baked

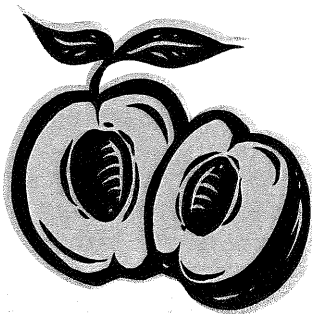
goods, and fresh salads and sandwiches.

Dogs are welcome to lounge around the outdoor café tables. Open Daily.

773-883-5287

PITch In!

A Public Service Message from A Treat to Train.



“Non-edible items, such as fruit pits, will not digest in a dog’s stomach and can create an intestinal block that may require surgery to remove.”

To paraphrase the familiar nursery rhyme, “See a peach pit, pick it up, save a puppy from really bad luck!”

Pitch in and toss that garbage in the trash. It is not healthy for dogs to ingest non-edible items such as fruit pits and corn cobs. You could be saving a dog’s life by tossing such items in the nearest trash can.

Dogs do not know these items are not edible food. To dogs, they smell like food and are crunchy like a bone. But non-edible items, such as fruit pits, will not digest in a dog’s stomach and can create an intestinal block that may require surgery to remove.

It took one dog 10 days of not eating, an ultrasound,

two trips to the emergency vet, exploratory surgery, 50 staples in her stomach and more than \$3000 in medical costs to retrieve the peach pit and restore the dog’s health.

If you suspect your dog may have ingested a fruit pit or corn cob contact your veterinarian for treatment immediately.



Treats in Training Tips

To most people, the word “treat” is synonymous with junk food, but this is not what is meant when dog trainers advocate the use of treats in dog training.

The treats used in dog training are meant to be something your dog enjoys consuming, that are good for him and that he will work to obtain. A treat in training is anything your dog will work for, be it food, a toy, praise or affection.

Here are some training tips when using treats:

- Use food your dog LOVES as training treats.





- Healthy “human” food, in moderation, is not bad for dogs.
- Cut treats small — no larger than a Cheerio.
- Use soft treats rather than crunchy ones so your dog will spend less time chewing and more time training.
- Do not overfeed your dog—subtract what you feed in training from the food dish.
- A dog’s dry food may be used in training, as long as it motivates your dog.
- A treat is a powerful training tool. Make your dog earn each treat through good behavior.

Book Barks by The Biscuit & Betsy Lane



Welcome to Book Barks, where a very discriminating dog shares her views on some recent reads. Let's take a sniff!

Scoring Scale

-  Leave it
-  Worth a sniff
-  A definite treat
-  The filet mignon of books!

Dog Friendly Gardens, Garden Friendly Dogs

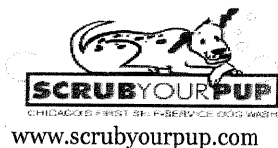
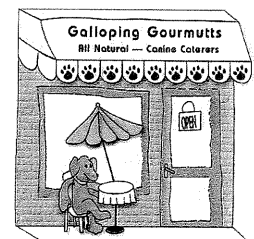
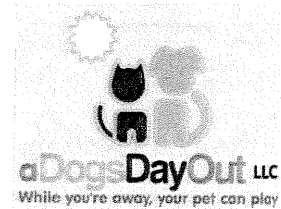
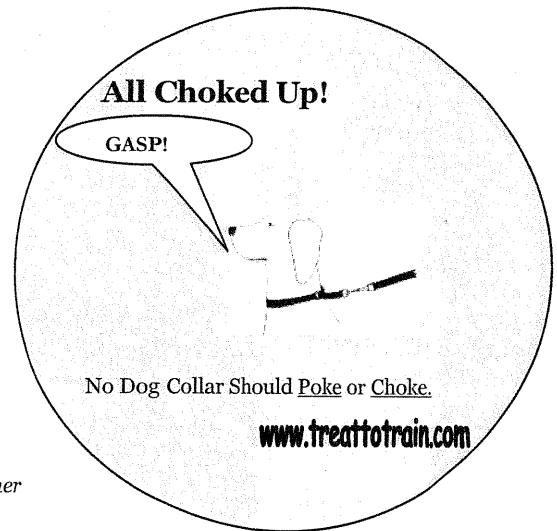
by Cheryl Smith

We fetched our copy from Chalet Nursery on Lake Ave., Wilmette.

\$19.95

Score: 

This book is as pretty as it is practical, especially if your people are tired of trying to undo your canine landscaping efforts. Personally, I don't see why the whole yard shouldn't be a digging pit, but in case your people (like mine) prefer grass and perennials, *Dog Friendly Gardens* . . . provides 192 idea- and photo-filled pages for how the entire family can enjoy the yard. From selecting plants (look for sturdiness as well as non-toxicity), to designing a garden around a dog's favorite instinctive behaviors (such as running around the perimeter), author Cheryl Smith provides simple, dog-tested solutions and ample full-color photographs for inspiration. The author is both a dog trainer and master gardener; her love of dogs and gardens—and her commitment to their peaceful coexistence—is evident on every page. Don't miss this one!



SPEAK!

Good News for Dogs

A Treat to Train

Your Best Friend, Only Better.

A Treat to Train

Summer School Schedule

Group Dog Training Classes

Mondays - Family Dog I 7:15p.m.-8:15p.m. @
Citizen Canine 2274 N. Clybourn

Tuesdays & Thursdays - Puppy I 7:15p.m.-
8:15p.m. @ Citizen Canine 2274 N. Clybourn

Sundays - Outside World 9:30a.m.-10:30a.m.
@ Wrightwood Park (Wrightwood & Greenview)

Call (773) 610-5634 for Next Start Date

**Want to get a group of your dog's buddies
together for a group class?**

Get three or more dogs together and we can
meet at your convenience.

Visit Us on the Web!

www.treattotrain.com or call (773) 610-5634

COME! See Us at
These Events!

Upcoming Seminars & Events:

Elizabeth SPEAKS!

June 12
Collar & Leash Seminar at
Soggy Paws 1148 W.
Leland Ave. 9:30a.m.

June 25
Bow-Wow Beach Bash
at Montrose Dog Beach
10a.m.-4p.m. - Meet the
Trainer, Prizes, Fashion
and Fun!

July 23
Ask the Dog Trainer at
Galloping Gourmutts
2736 N. Lincoln Ave 1p.m.-
3p.m. - Free 10-minute
behavior consultations

More Fun for Doggies!

Doggie Happy Hour Benefits Sit Stay Read!

Join SSR every Wednesday
(6/22-9/28) this summer
on the lovely, enclosed,
dog-friendly patio at
Joe's Bar, 940 W. Weed
St. 5p.m.-9p.m.. \$3 dona-
tion.
www.sitstayread.org

July 13
**PAWS CHICAGO's 3rd
Annual Beach Party** at
North Avenue Beach
6p.m.-10p.m. Tickets at:
www.pawschicago.org

Fall 2005 Issue

Highlights

-  Just What's Wrong
with a Prong.
-  Spice it Up! Treats
in Training Tips
-  Book Barks: *The
Cautious Canine*
-  Interactive Toys for
Active Dogs
-  Learn It, Then Earn
It - Fading Lures
-  PAWS Chicago - A
New Building for
Building a No-Kill
City